The Mission of the Nelson Community Wellness Alliance is to promote wellness in the Nelson community by developing and implementing strategies to reduce substance use among youth and their families.

### **2022 General Meeting Schedule**

Jan 14 Feb 11 Mar 11 April 8 May 13 Jun 10 Jul 8 Aug 12 Sep 9 \*Oct 7 \*Nov 18

# Agenda: January 14, 2022

- 1. Call to Order / Introductions (10:00 am)
- 2. Old Business (10:05 am)
  - a. 2022 I Love Nelson Calendars Order yours today!
  - b. Update: Nelson County Schools / NCWA / Board of Supervisors Meeting

## Participants: Ricky Perry, Ernie Reed, Stephanie Martin, Kystal Vest, and Jennifer McCormick

- Starting in January, TDT will return to the schools with a new partner.
- School is hiring an additional behavioral specialist
- Middle Schools is seeing the most behavior issues
- Concerns for kids relate less to major BH issues (suicidality) and more to general anxiety, fear or failure, fears related to pandemic, lack of social skills, etc.
- Handle with care program started in April. Schools are working with Officer Templeton to send out alerts and starting to work with the Commonwealth Attorney's office as well if parents are having legal troubles.
- Concerns for teachers and school staff's mental health
- PBIS program is working well, kids who are not motivated by grades are working for gift cards and other incentives.

### Follow-up ideas:

- Stamp out stigma for next year focus on more the social emotional skills, may need to adjust target population to primarily middle school or middle and 9<sup>th</sup> graders.
- Does the Alliance currently have grant funds that could be used to purchase gift cards to local business (restaurants), as well as things like amazon that could be used for PBIS.
- How can the Alliance support a PBIS type program for teachers?
- In the Implementation grant can we include funds to expand the PBIS program to the elementary and high schools.
- Can we partner together with businesses and community colleges to create a certification program for students who are not on a 4 year college track.
- How can we share data about behavioral issues/mental health supports for children to support funding requests.

### 3. New Business (10:25 am)

- a. 2022 Day of Giving (MLK Day donations)
- b. Updated NCWA Strategic Plan (2022-2025)
- c. 2022 HRSA Implementation Grant submitted
- 4. Future Meetings (10:55 am)
  - a. February 11<sup>th</sup> 2021 Membership Meeting (delayed due to staff absence)
- 5. Adjournment (11:00 am)