

Promoting wellness within Nelson County by eliminating barriers to access and increasing the availability of behavioral health resources through meaningful partnerships and programs.

**2022 General Meeting Schedule** (\*Indicates Business Meeting)

Apr 8 \*May 13 Jun 10 Jul 8 \*Aug 12 Sep 9 Oct 14 \*Nov 11

# **General Membership Meeting Minutes: March 11, 2022**

# 1. Call to Order / Introductions (10:03 am)

#### a. In Attendance

- Ricki Perry (Nelson County Middle School, NCWA Board of Directors)
- Liesel Robinson (Shelter for Help in Emergency)
- Ernie Reed (Nelson County Board of Supervisors)
- Francee Laverty (Region 10, NCWA Board of Directors)
- Angela Rose (Nelson County Social Services, NCWA Board of Directors)
- Shannon Meade (Blue Ridge Health District)
- Alex Weathersby (Shelter for Help in Emergency)
- Joyce Stratton (Region 10)
- Tracy Henke (NCWA Executive Director)

### 2. NCWA Updates (10:05 am)

- a. 2022 I Love Nelson Calendars
  - Members were asked to email Tracy at <a href="mailto:thenke@nelsonalliance.org">thenke@nelsonalliance.org</a> with interest in receiving calendars for distribution at their organizations & ways we can get them out to the community
- b. PBIS Rewards Program 2022-2023 Program
  - Alliance is planning to purchase & distribute program to all 4 Nelson schools next year. There is an upcoming Amazon Smile store for purchase of items to give as rewards
- c. Vending Machines
  - Alliance is seeking funding to rent/purchase vending machines to fill with various health/wellness items from different organizations. Each group was asked to email Tracy a list of items they would like to provide or include in the vending machines.
- d. Grants Requested (FORHP Rural Health Workforce Development, BamaWorks Fund, CFCBR, Dominion Energy, AMCHP)
  - Tracy updated the group that new grant proposals are due this month so the Alliance is submitting several of those.
- e. Membership Requirements / By-Laws
  - The Alliance has just revised & is finalizing updated By-Laws that better reflect our
    organization's functions & mission. As part of that, attendees will be asked to choose if
    they would like to become full, voting Alliance members. If so, they will need to
    complete paperwork & registration no dues or fees will be charged, but applications
    must be submitted to receive membership with voting rights.
- f. Articles of Incorporation
  - As required by law, the Articles of Incorporation are being updated to reflect By-Laws changes. THIS VOTE WILL TAKE PLACE AT OUR NEXT BUSINESS MEETING ON FRIDAY, MAY 13<sup>TH</sup>. Please be on the lookout for emails with new membership application forms and details on the updated Articles of Incorporation.

# 3. Member Organization & Community Updates (10:18 am)

- a. Shelter Help in Emergency (Liesel Robinson/Alex Weathersby) No volunteer training until late
   Summer/early Fall (Liesel out on 12 weeks of leave starting April, Alex will be doing the volunteer
   communication). Online workshops coming up (register at
   <a href="https://docs.google.com/forms/d/e/1FAlpQLSeWAco-vxJLGGhHimEcmtAJFBOZjtgnYHJ6AQdzk2">https://docs.google.com/forms/d/e/1FAlpQLSeWAco-vxJLGGhHimEcmtAJFBOZjtgnYHJ6AQdzk2</a> 6XreZQ/viewform), Spanish language resources available
- b. Board of Supervisors (Ernie Reed) doing budget right now, looking for \$230k resources for drug court (looks good at the moment), each year they receive requests for community agencies groups should get on the list for next year or do requests for direct impact projects for the county.
- c. Region 10 (Joyce Stratton & Francee Laverty) March 15<sup>th</sup> 1-3pm Virtual ACES Training (<a href="https://www.eventbrite.com/e/adverse-childhood-experiences-aces-tickets-220014518347">https://www.eventbrite.com/e/community-resilience-initiative-course-one-trauma-informed-training-tickets-227279788967</a>), 3/28 9-2:30pm Youth Mental Health 1st Aid, Lockboxes are available (email MHFA@regionten.org by March 21, 2022). Domestic Violence caseloads are increasing, Naloxone training needed for increased overdoses. Drug Court trainings are proceeding first one was last week, next is last week (through National Drug Court Institute) & working with Will Flory at Nelson Commonwealth's Attorney's Office. Francee will be attending monthly Region 10/OAR meeting re: drug court. Francee will keep the Alliance informed of ways they can assist in filling gaps or addressing unmet needs within drug court model.
- d. Nelson County Middle (Ricki Perry) Increased mental health concerns (especially last 2 weeks), suicide assessments are extremely high, increased anxiety and challenges due to Spring romances
- e. Blue Ridge Health Department Narcan Drive-thru events every month, Nelson event Tue 3/15 at 4pm (at Nelson HD), she will send us PDF for event. The Alliance will work with them on Train the Trainer on Narcan disbursement (2 hour) so we can dispense it .
- f. Social Services (Angie Rose) Office is now fully open to client walk-ins, CPS/APS numbers are extremely high, service workers are inundated, need intensive services, more deputies going out with workers due to continuing SUD issues, having trouble finding available services, kids need mentoring services, desperate need for mentoring/family services/childcare for the kids experiencing extreme trauma.
  - Part of pathway should include childcare, children's therapy, tutoring resources the pathways should be CHILDREN'S RESOURCES (not just childcare).

### 4. Discussion (10:25 am)

- a. Community Text-Line Launch
  - All organizations are interested in being listed
  - What services do you want referrals for?
    - Shelter for Help in Emergency
      - Intimate partner violence, emergency shelter, counseling, legal advocacy, limited resource assistance
      - No income restrictions, ALL SERVICES FREE, no citizenship requirements (unless live in county they don't serve, but they get referrals then)
      - All services are available to all gender identity
      - Tele/Zoom: 24/7 crisis line, shelter in person, counseling can be either, legal advocacy can be tele but accompaniment is in person \*Everything available now in person but can be tele in certain services as requested\* call hotline first
    - Region 10
      - Mental health, behavioral, SUD services, case management, children & adults, services to developmental/IDD individuals, psycho-social rehabilitation program (day program for adults with serious mental illness), ACT services (Assertive Community Treatment – very intense services for adults with severe mental illness to prevent

- hospitalization, case management, etc.), psychiatric services
- Sliding scale for services if no insurance
- All services in person now, can offer telehealth if requested
- Health Department (HIV/Harm Reduction Services)
  - Community testing (Hep C, HIV), Narcan, no testing or ID or requirement
  - Housing for HIV/AIDs individuals must be diagnosed (or member of household be diagnosed) to get those services, have to go through wait list & intake (income restrictions, etc.)
  - PREP Pre-exposure prophylactics (pill to take daily if exposed to HIV)
  - Regular health department services need to contact their office

#### School District

- TDT Services resuming (Madeleine Center) Monday 3/15, any child with major behavioral issues/diagnoses at a Nelson County School. Parents have to do intake assessment, but all services at school (no financial requirement). 1.5-2 hour in-take in person, TDT provider does with parents & kid with workers. It's been on Thursdays
- Academic tutoring, no need for criteria (kids can do 3:30-5:30 if they don't want to go home), second round of buses will take home (M-Th only) \*Parents in Hub need can send NC Middle schools kids here during time with our services/Hub\*
- During intakes, ask if they have NC kids in school. Give info for referral to guidance counselors, etc.
- Homelessness families experiencing it the school can submit paperwork to increase services for those kids (McKinney-Bento Act).
- Schools are legally required to provide transportation for kids to get to school, even if parent can't. She will loop drug court in so they know if parent
- Clothing closet at HS & middle school, fairly well-stocked, to help with hygiene & clothing & school supplies for kids who don't have those items
- Kids Care deliver bags to 7<sup>th</sup> period on Fridays, kids grab on the way out (food for weekends)
- Santa Vouchers United Way vouchers up to \$150/family/yr for clothing or school supply needs
- b. Pathways Community Hub Model
  - All groups are interested in participating in discussions on the model as it's designed.
  - Groups will continue to consider if they wish to participate or simply have referrals sent.
- c. Rural Health Workforce Development
  - Groups will consider if they would want to hire CHWs, share them, or just have use of them.

### 5. Future Meetings (11:23am)

a. April 8<sup>th</sup> – Chronic Disease Self-Management Education (CDSME) & Substance Use Disorder Danny Harris, CDSME Coordinator for Jefferson Area Board for Aging

### 6. Adjournment (11:24 am)